SOCIAL SKILLS PROGRAM

Throughout this term, our students will be part of activities and discussions in class that aim to teach positive social skills and interaction skills. The program is based on the resource, “How To Stop Your Words From Bumping Into Someone Else’s”. A list of the topics being discussed is in this newsletter.

P&C PIE DRIVE

Please support this great initiative of both sweet and savoury pies from the famous Timbertown Pies. An order form is in this week’s newsletter and will also be sent home today in hard copy to support the P & C’s 2015 Pie Drive. Orders and money need to be back to school by Thursday 27 August. You will be able to collect your order on Thursday 10 September, from 4.30pm onwards which happens to coincide with the next School Disco in the hall.

SCHOOL DISCO

Our next School Disco is on Thursday afternoon, 10 September. We had a great time at our first disco so let’s make this another great event. The cost is $5.00 and will include a disco style drink and snack. Please support these fundraising initiatives from the P & C. The committee is working exceptionally hard to raise funds to support all of our students.

BOOK WEEK PARADE

Book Week is in two weeks and we will celebrate with a dress-up day and parade on Tuesday 25 August at 9.00am. Students and staff will dress up as a book character, or in the theme of a book. These can be very exciting days for our students so please join in the spirit and give the dress-up idea some great thought. There will be a number of book prizes awarded to the best dressed characters in each class. Parents are invited to watch the parade and witness all of our super kids embracing books and literature. Parents are welcome to dress up too!

P & C UNIFORM COMMITTEE

A large order is currently being placed for our second year of enrolments for 2016. As part of this process, the committee is providing feedback to the manufacturers of our uniforms to ensure quality products are received when purchasing our uniforms. Any positive feedback or suggestions are welcome and can be made in writing to the P & C Uniform Committee and handed in at the office. Included in this newsletter are our uniform guidelines ratified through rigorous meetings of the P & C. Please take time to review our requirements as a few of our students are not meeting our uniform expectations. Many thanks to those whose children arrive at school every day in FULL school uniform.

Dates to Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 21 August</td>
<td>Assembly 2/3J</td>
</tr>
<tr>
<td>Tuesday 25 August</td>
<td>Book Week Dress Up Day</td>
</tr>
<tr>
<td>Thursday 27 August</td>
<td>Pie Orders Due Back</td>
</tr>
<tr>
<td>Friday 28 August</td>
<td>Assembly K/1H</td>
</tr>
<tr>
<td>Thursday 10 September</td>
<td>Disco</td>
</tr>
</tbody>
</table>
UNIFORM Guidelines - November 2014

The school uniform

The wearing of school uniforms by students will assist in:

- defining an identity for the school within its community;
- developing students’ sense of belonging to the school community;
- providing an opportunity to build school spirit;
- enhancing the health and safety of students when involved in school activities;
- promoting a sense of inclusiveness, non-discrimination and equal opportunity;
- promoting positive community perceptions of public education;
- making school clothing more affordable for families by eliminating the risk of peer pressure to wear transitory fashionable and expensive clothes.

Guidelines

- The school community expects students to wear the school uniform in a neat and presentable manner;
- Except for special events the sports uniform is only to be worn on our sports day of Friday;
- On formal occasions or excursions students must not wear sports clothes unless on a sports-related activity;
- No jewellery is to be worn, other than:
  - earrings which are (stud gun) studs or sleepers;
  - a watch;
  - plain gold or silver ring.
- The only hats permitted are those school hats that may be purchased from the uniform shop;
- Black polishable leather shoes with black laces, buckle or Velcro. Sports shoes (joggers) with sports uniform on Fridays;
- A student’s appearance should not be a distraction to the learning environment;
- Hair bands, hair clips, ribbons and scrunchies are to be in the school colours of navy blue, sky blue and white or made from the girls’ tunic material;
- Hair is to be worn in a neat and tidy manner. Hair dye or streaks are not acceptable. No dread-locks, mohawks, rats-tails, shaved patterns;
- No tattoos;
- Make-up or nail polish is not to be worn.

Implementation

- The school uniform is to be neatly presented and in good repair at all times. No items of clothing that are not part of the school uniform are to be worn;
- Students who wear inappropriate clothing will be interviewed and have their parent/s contacted to discover the reasons for their non-compliance;
- Students who are out of uniform will not be permitted to represent the school or attend excursions or functions where a uniform is required.
- Students will be asked to remove inappropriate jewellery.
- Students will be asked to remove any make-up or nail polish.

Spirit Opportunity Excellence

FOOTY COLOURS DAY
As a charity fundraiser that our kids can be part of, we invite all students and staff to come in their team’s colours or uniform on Friday 4 September. You can come in a Football or Soccer team, AFL or even cricket if you’re stuck. How about your own club colours – Go Cathie Raiders!

LOWER NORTH COAST ATHLETICS CARNIVAL
Congratulations Sonny Crisp, our first ever (inaugural) competitor at the PSSA Lower North Coast Athletics Carnival. Yesterday Sonny showed the Lake Cathie spirit by throwing (or putting as Sonny likes to say) a personal best and placing 5th in the Junior Boys LNC Championships. Well done, Sonny!

UNIFORM SHOP TIMES
Next term our uniform shop opening times will be;
Monday 8.30am – 9.15am
Thursday 2.30pm – 3.15pm
Uniforms will only be available for new enrolments outside of these times. Thank you for your understanding.

CANTEEN
Kylie Whiting runs our canteen on a voluntary basis two days per week with a third day spent ordering, baking and preparing. She has a small but fantastic group of helpers. **WE NEED MORE VOLUNTEERS** to help her out on Thursdays and Fridays. Please call the office on 6584 8060 to give a little of your time for all of our kids.

A FEW GENTLE REMINDERS

FACEBOOK
Our FACEBOOK Group was designed for the school to pass on information to parents in a positive way as this medium is common for almost all of our parents. I would ask that any comments on posts be positive and in line with the information being provided. We also ask that if parents have concerns on any aspect of school life that you please come straight in or make a phone call. We are very positive and approachable. This is far better than through Facebook.

PICK – UP PROCEDURES
If you are picking your child up early for an appointment or family commitment, our safety procedure is to:
1. Collect an Early Leavers slip from the office
2. Proceed to the classroom and hand the teacher the slip.
Staff have been instructed not to release children from the classroom without a parent providing a slip. This is a Departmental safety requirement to ensure the safety of your children.

STUDENT ILLNESS
Another reminder that students should be kept home who display cold and flu symptoms. Infection is so easily spread around a school. We are seeing a number of students who are not only spreading their illness amongst other students but being too unwell to be in a learning frame of mind. We do have one of our students with zero immunity and cross infection is highly problematic for him.

Water

How much water do children need?
As a general guide, children up to 8 years of age should have a minimum of 4-5 cups of water a day. Children above 8 require at least 5-6 cups of water per day.

How do I get my child to drink water?
Try these tips to help boost water intake in children:
- Add a slice of lemon or lime to give water a different taste
- Ensure your child has always got a water bottle handy
- Use herbs including mint or spices such as ginger to flavour the water
- Freeze fresh fruits and use them as ice cubes in glasses of water
# ASSEMBLY AWARD WINNERS

<table>
<thead>
<tr>
<th>Week 4 Class</th>
<th>Student of the Week</th>
<th>Work of the Week</th>
<th>Class Award</th>
<th>Class Award</th>
<th>Sport Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Liam Henderson</td>
<td>Summer Waite</td>
<td>Teagan Cook</td>
<td>Annabelle Young</td>
<td>Corbin Robinson</td>
</tr>
<tr>
<td>K/1H</td>
<td>Aurora Briscoe</td>
<td>Chloe Chaplin</td>
<td>Alexa Drury</td>
<td>Max Fellowes</td>
<td>Mikayla Haste</td>
</tr>
<tr>
<td>2/3J</td>
<td>Riley March</td>
<td>Cooper Taylor</td>
<td>Sophie Barton</td>
<td>Noah cook</td>
<td>Tao Connors</td>
</tr>
<tr>
<td>4/5/6M</td>
<td>Baxter March</td>
<td>ROBOTICS TEAM</td>
<td>Kingsley Brown</td>
<td>Sophie Needham</td>
<td>Sonny Crisp</td>
</tr>
</tbody>
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## Social Skills Program

### Term 3

<table>
<thead>
<tr>
<th>Week 2/3</th>
<th>Getting someone’s attention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 4</td>
<td>Starting a conversation</td>
</tr>
<tr>
<td>Week 5</td>
<td>Interrupting the right way</td>
</tr>
<tr>
<td>Week 6</td>
<td>Asking to play/ asking someone to play with you ...what if they say no?</td>
</tr>
<tr>
<td>Week 7</td>
<td>Waiting....in line, at my desk, on the mat.</td>
</tr>
<tr>
<td>Week 8</td>
<td>Using the right talking voice (P 16)</td>
</tr>
<tr>
<td>Week 9</td>
<td>Asking for help</td>
</tr>
<tr>
<td>Week 10</td>
<td>What to do when you lose</td>
</tr>
<tr>
<td>Standard Lunch Size Pies 220g</td>
<td>Price</td>
</tr>
<tr>
<td>-------------------------------------------------</td>
<td>-------</td>
</tr>
<tr>
<td>Beef Steak Pie</td>
<td>$3.50</td>
</tr>
<tr>
<td>Curry Steak Pie</td>
<td>$3.50</td>
</tr>
<tr>
<td>Steak &amp; Mushroom Pie</td>
<td>$3.50</td>
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<tr>
<td>Steak &amp; Kidney Pie</td>
<td>$3.50</td>
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<tr>
<td>Steak &amp; Potato Pie</td>
<td>$3.50</td>
</tr>
<tr>
<td>Steak Cheese &amp; Bacon Pie</td>
<td>$3.50</td>
</tr>
<tr>
<td>Angus Chunky Steak Pie</td>
<td>$3.50</td>
</tr>
<tr>
<td>Angus Chunky Steak &amp; Pepper Pie</td>
<td>$3.50</td>
</tr>
<tr>
<td>Angus Chunky Beef Stroganoff Pie</td>
<td>$3.50</td>
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<tr>
<td>Angus Chunky Steak Dianne Pie</td>
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<tr>
<td>Chicken Mornay</td>
<td>$3.50</td>
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<tr>
<td>Thai Sweet Chilli Chicken Pie</td>
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<tr>
<td>Honey Soy Chicken Pie</td>
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<tr>
<td>Vegetable Mornay</td>
<td>$3.50</td>
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<tr>
<td>Large Beef Sausage Roll</td>
<td>$3.00</td>
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<tr>
<td>Apple Pie</td>
<td>$3.00</td>
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<tr>
<td><strong>GLUTEN FREE MINCE BEEF PIE</strong></td>
<td><strong>$4.50</strong></td>
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<table>
<thead>
<tr>
<th>Large Family Size Pies 700g</th>
<th>Price</th>
<th>Qty</th>
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</thead>
<tbody>
<tr>
<td>Angus Chunky Steak Pie</td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td>Beef Steak Pie</td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td>Steak &amp; Mushroom Pie</td>
<td>$10.00</td>
<td></td>
</tr>
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<tr>
<td>Chicken &amp; Vegetable Pie</td>
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</tr>
<tr>
<td>Apple Pie</td>
<td>$10.00</td>
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</tr>
</tbody>
</table>

**Qty Total:**
**Total $$$:**

Name: ___________________________________________ Phone: __________________________

Class/Group: _____________________________________

Return Form & Money By: 27 August 2015 to school office
Lake Cathie Children’s Cottage
83 Kenwood Drive
Lake Cathie, NSW, 2445
02 6586 3233
admin@lakecathiechildrenscottage.com.au

**VACATION CARE**
7:00am-6:00pm
including fun daily outings
NOW AVAILABLE
5-12yrs
Monday 21st September to Friday 2nd October

<table>
<thead>
<tr>
<th>Monday 21st</th>
<th>Tuesday 22nd</th>
<th>Wednesday 23rd</th>
<th>Thursday 24th</th>
<th>Friday 25th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thago Moone</td>
<td>Dark Zone Laser Tag at Centre of Gravity</td>
<td>Kendall Pool &amp; BBQ Lunch</td>
<td>Putt Putt Golf at Port Macquarie Driving Range and Fish &amp; Chips at Lake Cathie Reserve Playground</td>
<td>Timbertown</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Monday 28th</th>
<th>Tuesday 29th</th>
<th>Wednesday 30th</th>
<th>Thursday 1st</th>
<th>Friday 2nd</th>
</tr>
</thead>
<tbody>
<tr>
<td>WOW Waterslides and Ascool Park Playground</td>
<td>Flip Out Trampolines and Ascool Park Playground</td>
<td>Rock Climbing at Centre of Gravity</td>
<td>Camel Safaris at Lighthouse Beach and Picnic Lunch at Tacking Point Surf Club</td>
<td>Sea Acres Rainforest Walk and Marine Discovery Centre</td>
</tr>
</tbody>
</table>

**THE LOST PLOT**
Spring Fair
Saturday, 5 Sep 2015 / 1-4pm
Central Road, Port Macquarie

**Paint The Town**
Port Macquarie’s creative way to drink
Looking for something new & fun?
Paint with Dad
On Father’s Day!

Sunday September 6th 3-5pm

Uncork your creativity! Come enjoy organic coffee, delicious food, and an epic view as you paint with dad. An artist will lead you in a step-by-step painting class in a fun, relaxed atmosphere. Go home with your 40x50cm masterpiece. Canvas and paint supplies included.

*All family members welcome to join!*

Book Now @ PaintTheTownPort.com
$40 for 2 people (dad & child)
Lake Cathie Children's Cottage
88 Kenwood Dr, Lake Cathie
6586 3233
www.lakecathiechildrenscottage.com.au

* Long Day Care
* Before & After School Care
* Vacation Care

Trish's Family Day Care

My name is Trish Joyce. I am an Early Childhood Educator with over 3 years experience in a local Preschool and I am now registered with Hastings Family Day Care. I currently have vacancies for after school care Tuesday to Friday and day care Monday, Wednesday, Thursday and Friday for children over 2 years of age.

Are you looking for quality, safe, fun care for your child? I am operating between 8am and 6pm Monday to Friday and am registered to care for children aged 0 to 13 years of age. I also provide holiday care and after school care for your older children.

Call Trish on 0421 451 887 or Hastings Family Day Care on 6583 4660 for more information.

Our Newsletter is proudly sponsored by Helen Shallick – Bonny Hills Body & Beauty

KIDS CLUB

Fridays 4 – 6 pm
24th July - 11th September 2015
North Haven Church
(next door to NHPS)
Ages: K - Yr 6
Bring your friends
Meet new friends
Games – Food - Singing
Bible Time – Craft

Cost: $3 covers craft materials
Any questions? - call Wendy Job 65598976
Or visit - northhavenchurch.org.au
All supervisors are Working With Children
checked & approved

Advertise Here

Call Kylee in the office to see how.

Advertise Here

Call Kylee in the office to see how.

Lake Cathie Public School Term 3 Week 5 2015 Issue # 13
Our Newsletter is proudly sponsored by Helen Shallick – Bonny Hills Body & Beauty